

ROTARY CLUB OF OCEAN GROVE

Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
5th February	Anam Cara House With District Governor.	TBC	Jenny Templeton.	Wal Kelly.	Jenny Templeton.	Nil.
12th February	Backtrack.	Peter Hawthorne	Chris Foster.	Rod Bush.	Judy Greer.	12/2 Barbara Watson, 15/2 Marion Coppins-King, 15/2 Val & Wal Kelly.
19th February.	Linguistics.	Geoff Chandler.	Lynn Carlson.	Gerry Spencer.	John Wynn	21/2 Jan Chandler, 25/2 Paul Tierney.

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Club website:

rotaryoceangrove.org.au

Theme: Disease Prevention and Treatment Month

Lookout Reserve Maintenance Roster:

- 03/02/19 – 09/02/19 Meredith O’Neill.
- 10/02/19 – 16/03/19 John Paton
- 17/02/19 – 23/02/19 Gerry Spencer.
- 24/02/19 – 02/03/19 Neil Templeton.
- 03/03/19 – 09/03/19 Noel Emselle.
- 10/03/19 – 16/03/19 Gordon King.

Past bulletins

- Available from our club website

Market contact: 0401 606 036

Art Show contact: 0417 319 465

Report of Meeting: 29/1/2019

Guests welcomed were Wendy Rabone and Helen Buckley from RDA and Leon Trethowan.



Social: John Calnin thanked all that helped at the BBQ on the Terrace on Australia Day. He was pleased with the support by many members. The children enjoyed the entertainment, e.g. face painting, buskers as well as scrumptious BBQ food. Despite the fact that the BBQ was free there was \$176.00 donated. Our year 12 scholarship recipient Gabby , also helped sell the sausages.

** John Calnin advised that the Night at the Trots on 26/2/19 will not go ahead due to insufficient numbers.



• Gerry Spencer announced that the Community Bowls competition would be commencing soon. It is at the Point Lonsdale Bowling Club on a Monday evening over four weeks. Please let Gerry know if you are interested.

Members: Coming Events:

- Visit to Lions Club - Barwon Heads - March 5th
- 9780 Conference - Maryborough - Mar 22 -> 24
- Wine/Dine/Dance - Parkinson's Fundraiser - April 6th

Saying of the week

• I have the choice of being constantly active and happy or introspectively passive and sad. Or I can go mad by ricocheting in between.

Humor

• People who can't distinguish between entomology and etymology bug me in ways I cannot put into words.

Links

Rotary International:
www.rotary.org

Rotary District 9780:
www.rotary9780.org

Footy Tipping

Please remember:

- APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED.

Youth: Judy Greer announced that Nathan Fox thoroughly enjoyed his experience at the Youth Science Forum held in Canberra this month. He will talk to members shortly.

Market: Adrian circulated the roster for the Market next Sunday.



Vocational: Lynne Carlson announced that there would be Dine and Dance Night on 6th April to raise awareness and to support Parkinson's disease. The event will be held at 360° at Queenscliff. Time 6.30 for 7.00pm, Cost is \$75.00 that covers two courses and wine. Tickets are available from Marion; Numbers will be limited to 140.

Guest Speakers: Wendy Rabone and Helen Buckley from "*Riding Develops Abilities*"



The organization, previously known as Riding for the Disabled, has been in existence for 40 years. The idea came from England by Michael Field and his efforts to establish the activity were assisted by Wendy Maplestone and Betty Wood. The aim is to help people with disabilities throughout Victoria to experience enjoyment; challenge and a sense of achievement through participation in equestrian activities, improve their quality of life, attain personal goals and develop life skills. The people who participate have a wide variety of disabilities both intellectual and physical and are aged between 3 to 85 years.

There are approximately 36 centres throughout Victoria, 1200 riders, 1100 volunteers and 200 coaches in this grass roots organization. Suitable horses, riding and safety equipment, trained volunteer helpers,

accredited RDA coaches are provided. The activities may include structured riding classes, recreational horse riding, competitive horse riding, vaulting, and carriage driving, dressage and equestrian camps.

Volunteers are the 'life blood' of RDA, they have some training and are mentored and have briefing and debriefing sessions.

Every volunteer can undertake side walking and rider support, horse leaders, horse training and care, coaching, office support, committee membership and fundraising. Riders are encouraged to walk, trot, ride alone, grooming and care of the horses. RDA asks that volunteers make a commitment to offer their time on a regular basis so that a worthwhile experience is offered to the riders and also to enable consistent planning and care for the equipment horses and management of the centres.

The riders attend on a fortnightly rotation and each session enables development of social skills, friendships and confidence with achievement, reduction of feelings of social isolation and feelings of equality amongst fellow riders. Carers are given a break as well.

Running of RDA is expensive and includes hire of horses, the venue, "Koombala Park," Hire and purchase of equipment as well as insurance for each rider.

Wendy finished her presentation reading some of the letters written by carers and parents expressing heartfelt, grateful thanks to RDA for the difference the activities have made to their children and other participants.

Wendy and Helen were presented with a cheque for \$2762.00 from the gold coin donations taken at a recent market.



It was most interesting to learn more about this organisation that the Club and some members have supported over the years. RDA has been one of the major beneficiaries of some of the Art Show proceeds for many years.

